

**Directions of Use:** Cyto RALA® is soluble in formula and can be consumed either orally or via tube feeding. The daily intake of Cyto RALA® powder is to be determined by your physician or dietitian.

#### Oral Feeding

1. Measure (using the scoop provided or a gram scale) the recommended amount of Cyto RALA® powder.
2. Consume powder by either sprinkling on food or into liquids, or taking directly by mouth followed with water.
3. For tube feeding, add powder in single scoop increments to the formula (room temperature or cold) and stir well. Stir or agitate tube feeding mixture if Cyto RALA® separates from formula during feeding. Cyto RALA® powder and formula mixture should be used within 4 hours.

**Warning:** Not for parental use. Not for use as a sole source of nutrition. Only for individuals with Mitochondrial Cytopathies or inborn errors of metabolism. **Use under medical supervision.**

**Storage:** Unopened bottles should be kept in a cool, dry place. Reseal unopened bottles, store in a refrigerator and use within three months.



# Cyto RALA®

## Medical Food

A Medical Food for use in the dietary management of Mitochondrial Cytopathies. Not for the general population of consumers.

A sodium stabilized & concentrated R-form of Alpha Lipoic Acid powder with superior absorption

Allergen tested at no detectable limit (NDL) for milk, eggs, wheat, fish, crustacean, soy, corn, tree nuts, sesame, and peanut. GMO-free.

Net Weight: 1.01 oz. (30 g)

## Nutrition Information

| Nutrients                                                   | per 1 g powder |     |
|-------------------------------------------------------------|----------------|-----|
| Energy                                                      | kcal           | 0   |
| Fat                                                         | g              | 0   |
| Trans fat                                                   | g              | 0   |
| Carbohydrate                                                | g              | 0   |
| Protein                                                     | g              | 0   |
| Sodium                                                      | mg             | 100 |
| R-form Alpha Lipoic Acid (RALA)                             | mg             | 800 |
| 1 level scoop = 180mg of powder = 145mg R-Alpha Lipoic Acid |                |     |

#### Ingredients:

Alpha lipoic acid, sodium, bicarbonate

#### Distributed by:

Solace Nutrition, LLC  
183 Providence New London Tpke  
North Stonington, CT 06359  
Tel: 888-8-SOLACE  
Mon-Fri 9AM-3PM ET

**solace**  
NUTRITION